

Energy of One Kind or Another

Scientists classify all energy as kinetic energy or potential energy. At any given time, energy is being stored as potential energy or it is being given off as kinetic energy. The actions of a roller coaster can show how objects move from one type of energy to another. Use the terms in the word box to label the diagram.

electrical energy
mechanical energy
most kinetic energy

potential energy changing to kinetic energy
most potential energy
thermal energy

